



**Children's Law Center**  
of Los Angeles

**FOR IMMEDIATE RELEASE**

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## **Art Workshop to Cultivate Creative Talents of Foster Youth**

**LOS ANGELES** - An instructional art workshop benefitting the young clients of Children's Law Center of Los Angeles (CLC) is scheduled to take place at the "Wheel of Wellbeing," located at 1575 Westwood Boulevard, Suite 205 in Los Angeles, California on Sunday, November 1, 2009.

A collaboration between CLC supporter Sang Trinh, master artist F. Rassouli, and the Wheel of Well Being, the focus of the workshop is to encourage a positive experience for foster children, promote their self-esteem, and offer them a sense of direction in order to provide increased stability in their often tumultuous lives. Rassouli will lead participants to intuitively paint from the heart and to express themselves through art.

"When a child does not feel loved at home, it is hard for them to develop feelings of self-worth. This is a workshop that will take these children on a journey to their inner world, and will help them to develop their unique individual power by tapping into some of the incredible creativity that lies within each of them. I believe healing is a natural by-product of creativity, so my intention is to allow them the freedom to more fully express themselves on all levels," said Rassouli.

Each youth will go home with an original piece of art they have created, and an increased awareness of what they are able to create in their lives.

Community members may make donations to support CLC's efforts to help needy children and families by visiting [www.clcla.org/donate.htm](http://www.clcla.org/donate.htm). All donations are tax-deductible.

**About Rassouli ([www.rassouli.com](http://www.rassouli.com))**

Rassouli is a visionary artist who has a unique way of reflecting spiritual experience by expressing images from his subconscious onto canvas. He often stimulates creativity by meditating at dawn watching the sunrise in a natural setting, or by envisioning a mystical journey through a night sky. His style does not focus on what is literally seen by the artist, but by surrendering conceptually to what is felt on a deeper level. Rassouli's painting technique is known as Fusionart, a style that he has created and registered and is presently teaching to many artists in Southern California. The main theme of Fusionart is cosmic unity. The painting style is derived from mysticism, near-eastern spirituality, and a foundation in European painting technology.

**About Wheel of Well Being ([www.wheelofwellbeing.com](http://www.wheelofwellbeing.com))**

The Wheel of Well Being's mission is to bridge modern science with ancient wisdom to provide integrated, personalized, and preventive therapies that bring forth wellness in our clients. Their ultimate purpose is to create a warm and caring environment that allows each client to achieve a well-balanced lifestyle that is essential for wellbeing in mind, body and spirit.

**About Navigant Consulting ([www.navigantconsulting.com](http://www.navigantconsulting.com))**

Sang Trinh is a Managing Consultant at Navigation Consulting, a specialized independent consulting firm providing professional services to assist clients in identifying practical solutions to the challenges of uncertainty, risk and distress. Navigant Consulting focuses on large industry sectors that are highly regulated and are undergoing significant change. As an independent consulting firm, Navigant Consulting is not subject to the Independence rules which apply to auditors, and is not unduly burdened by conflicts of interest. Navigant Consulting is an international consulting firm with over 2,000 professionals in cities across the United States, Canada, Europe, and Asia.

**About Children's Law Center of Los Angeles ([www.clcla.org](http://www.clcla.org))**

Children's Law Center of Los Angeles (CLC) is a non-profit 501(c)(3) legal services provider, acting as the voice in court for close to 100% of Los Angeles County's nearly 24,000 abused and neglected children. CLC's devoted staff work closely with each child, their family of origin, foster family, extended family members, and service providers to ensure improved outcomes for children and families.